



NALU CENTER LLC AGREEMENT AND RELEASE OF CLAIMS

I, _____ (print name) understand that Jendi Watson and Nalu Center LLC are not licensed in the State of Washington to diagnose or treat medical conditions and will not interfere with the treatment of a licensed medical professional. Jendi Watson is a Certified Hakomi Therapist and an Ordained Minister with the Universal Life Church.

I have been advised and agree that if I believe that I may suffer from a medical condition, I will consult a medical doctor immediately. I agree to take full responsibility for my emotional, physical, spiritual and mental well-being. I agree my participation is fully at my own will. I agree to communicate clearly and directly and will ask for and/or negotiate for what I want. I understand that those in the grip of alcohol and/or drug addiction may not participate in any session.

I understand that the practices and exercises provided by Jendi Watson are rooted in the holistic healing arts combining the ancient philosophy of Buddhism with contemporary body mind psychology. Therefore, a therapeutic session can include touch, meditation and client centered dialogue. I understand that a practice in mindfulness assists with my personal growth and any benefits which I experience come from within my own awareness and self-healing; no guarantee or promises of cures have or will be made to me. Therefore, I agree to hold harmless Jendi Watson from any and all claims, lawsuits, costs, expenses, or liability of any kind for injury or damage resulting from negligence or other acts, arising from or relating to my education or participation in consultation with Jendi Watson.

This Agreement is governed by, and shall be construed in accordance with, the laws of the State of Washington. No presumption shall arise as of one party or the other, or such party's agent, having drafted all or any portion of this Agreement. In the event that a question or dispute arises relating to this Agreement, it shall be resolved by binding arbitration pursuant to the rules of the American Arbitration Association. If any provision of this Agreement or the application thereof to any party or circumstance shall be invalid, illegal or unenforceable to any extent, the provisions of this Agreement shall be deemed to be reformed to the maximum extent that such court finds enforceable, and the remainder of this Agreement and the application thereof shall not be affected and shall remain enforceable to the fullest extent permitted by law. Each of the covenants, terms, and conditions in this Agreement shall be binding upon and inure to the benefit of the parties hereto and, to the extent permitted by this Agreement, their respective heirs, legal representatives, successors and assigns.

Each party executing this Agreement warrants and represents that the individual signing on behalf of such party is duly authorized to execute this Agreement on behalf of such party. This Agreement may be executed electronically in one or more counterparts, and the electronic transmission of any signature shall be treated for all purposes as the delivery of an original signed counterpart.

I HAVE CAREFULLY READ THIS AGREEMENT AND FULLY UNDERSTAND ITS CONTENTS. I AM AWARE THAT THIS IS A RELEASE OF ALL CLAIMS AND LIABILITY AND A CONTRACT BETWEEN JENDI WATSON / NALU CENTER LLC AND MYSELF AND SIGN IT KNOWINGLY OF MY OWN FREE WILL.

Signature _____ Date _____

Print name _____